

**2009 Shady Grove United Methodist Youth  
Iowa Mission Team**

**Missioner Information Packet**

Thank you for agreeing to be a part of the Shady Grove 2009 Iowa Mission Team. In this packet is all of the paperwork and information that you will need for the trip. If you have any questions, please contact Brad Robins at the church at 746-9073 or [BradRobins@shadygroveumc.org](mailto:BradRobins@shadygroveumc.org).

Event Dates: July 11-19, 2009

Location: Cedar Rapids, Iowa

Cost: \$175.00

Total Cost due by Monday July 6, 2009. If you are not sure how much you have paid, contact Brad.

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**Mission Team Timeline**

June 23

Information packets including medical forms, packing lists, etc. will be e-mailed out to team members.

June 24

6:30 pm Adult mission team members meeting in room G-113

June 27

10-12 pm Drywall Workshop at Proctor Home #1  
1-3 pm Drywall Workshop at Proctor Home #2

July 6

All paperwork and monies due into church.

July 11

8:00 am Depart SGUMC  
6:00 pm Arrive at Christ Church United Methodist, Louisville, KY

July 12

10:00 am Depart Christ Church  
7:00 pm Arrive at Camp Hitaga

July 13-16  
Work Days

July 17  
Travel from Cedar Rapids to Sandusky, OH  
Spend the night at local Columbus Avenue UMC

July 18  
Day at Cedar Point Amusement Park  
Spend the night at local hotel

July 19  
Travel from Sandusky, OH to SGUMC  
7 pm Arrive at SGUMC

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### Host Churches

July 11 Christ Church United Methodist  
4614 Brownsboro Road  
Louisville, KY 40207  
Phone 502 897-6421

July 12-16 Camp Hitaga  
5551 Hitaga Road  
Walker, Iowa 52352  
(319) 438-6562

July 17 Columbus Ave. UMC  
2401 Columbus Ave  
Sandusky, OH 44870  
Phone 419 625-7663

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### Activities while in Iowa

#### Worksites

Working on local homes in the Daytona Beach area. Site work is being provided by Iowa Conference Recovery Center. Our contact person is Rev. Melisa Bracht-Wagner, 319-480-4469.

#### Evening Activities

Evenings will include sometime in Bible study and devotion, as well as some fun stuff. Fun stuff will include a trip to a local lake. Other fun evening activities are still being worked on.

## Friday Fun Day

Cedar Point Amusement Park in Sandusky, Ohio. (Ticket and meal cost is included in trip fees)

### Food

Camp Hitaga will be providing all of our meals. We will eat breakfast and lunch there at the camp and they will have food for us to pack for us to take for lunch. If you have any special needs regarding food, i.e., allergies, vegetarian, etc., please contact Brad with that information.

Youth will be responsible for their own lunch on July 11, 12, 17, & 19 (all travel days). All other meals will be covered by registration fees. While traveling, meals will be mainly fast food. We will work hard to eat as healthy as a group of 55-60 sojourners can.

### Forms

Enclosed are your power of attorney, parental consent, covenant, and emergency contact forms. Please complete these and get them in to Brad no later than July 11, along with a copy of your health insurance card. Make sure that they are notarized where it is required! **You will be turning in 4 forms plus the copy of your insurance card.**

### Packing List

Please make sure to bring the following with you:

Old Work Clothes (long pants and modest shorts)	Large personal water bottle
Work Gloves	Modest clothing for evenings
Personal Hygiene Items	Insect repellent
Bath Towel	Hand sanitizer
Beach Towel	Personal medications
Heavy work shoes/boots	Pajamas
SOCKS	Bathing suit
Jacket or sweatshirt	Shoes
Rain gear	Bible and notebook
Sunblock	Any personal tools you like using
Air mattress (Twin sized only!)	Optional:
Sleeping bag/twin sheets/pillow	Camera
	Musical instrument
	Personal CD Player

Clothing is very important. Modesty is the rule. If you think it might be inappropriate, assume that it is. When we are on worksites, everyone must wear shirts with sleeves- no tank tops or muscle shirts. Shorts should be conservative. Pajamas also need to be modest as well. We will be going to the beach while we are there. Bathing suits should be modest, too. Ladies, two-piece bathing suits are allowed; however, they must be modest. To be safe, go with something your grandfather might pick out for you.

**LABEL EVERYTHING!** There are 55 of us going to Iowa and, in all likelihood, we will

have items that look alike. To spare us all the struggle of dealing with mixed up items, make sure that you label all of your possessions with permanent marker. This includes CD players, clothing, hygiene items, sleeping gear, etc. And yes, it also includes your underwear.

### **PACK AN OVERNIGHT BAG**

We will be staying Saturday evening at Christ Church United Methodist and attending their 8:30 worship service. So that we do not have to dig out everybody's gear, pack a change of clothes for Sunday, your sleeping gear, and hygiene items in a separate overnight bag. That will save us a lot of packing and unpacking time. Sunday morning we will be attending worship- please pack nice jeans or shorts and your mission team t-shirt (more information will follow regarding this).

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### **Pack Light**

Bear in mind there are a lot of us going and luggage space is at a premium. Look for ways to bring what you need but just what you need. For example- don't bring the jumbo hand sanitizer bottle, get the trial sized. We will be in a suburban area so there will be stores around where we can get things that we run out of.

Also, laundry will be available during the week, especially for your work clothes, so don't over pack. Bring what you need and only what you need.

### **Getting Ready to Go**

Prior to going down to Iowa, it is important to do some personal conditioning. We will likely be working several hours a day in high heat. Between school letting out and when we leave, try to spend 3-4 hours a day outside, getting used to being in the heat. If you spend 3 weeks in the A/C watching TV and eating corn chips, you will have a hard time getting used to a week of work in the heat. Volunteering to mow the lawns of elderly neighbors would be a great training activity and would be a really nice thing to do.

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### **Supplies to Bring**

We will be working mainly with drywall and painting. We will need lots of rollers, brushes, and pads. Please bring a few if you can.

### **Money**

Don't bring too much. Bring enough for your meals while traveling, a souvenir at the park, and maybe some incidental money, just in case. The more you bring, the more you stand to lose.



# IOWA CONFERENCE UNITED METHODIST CHURCH DISASTER RESPONSE

## Parental Consent

We, \_\_\_\_\_, the parents/guardians of \_\_\_\_\_  
*Parents or guardians* *Child's name*

give our child, a minor residing at \_\_\_\_\_ (address), permission to accompany a United Methodist Volunteers In Mission team to \_\_\_\_\_ (location) and participate as a member of the group. We acknowledge that we are allowing our child to participate entirely upon our own initiative, risk, and responsibility. We have been advised and understand that the group may be exposed to unusual risks. Those risks may involve, among other things, the following:

Dangers resulting from disease; from civil insurrection or warfare of the kind that we have seen in recent years in Somalia, Bosnia, Liberia; from post-warfare hazards such as landmines; from geographic features such as high altitudes, which may have a deleterious effect on persons with heart conditions or respiratory diseases; from extreme heat and humidity with no air conditioning available, or from extreme cold with no central heating. The foregoing is not an exhaustive list of dangers that may arise but is illustrative of some types of dangers that may be faced.

We further expressly authorize and consent to any x-ray examination, anesthetic, medical or surgical diagnosis or treatment, and/or hospital care under the general or special supervision, and on the advice of, a licensed physician, surgeon, anesthesiologist, dentist, or other qualified medical personnel acting under their supervision, for our child, should the same become necessary because of illness or injury.

I specifically authorize a physician or other appropriate medical professional to treat my child's \_\_\_\_\_  
*(Name of ailment)*  
by performing \_\_\_\_\_ and by prescribing \_\_\_\_\_  
*(Name of procedure)* *(Name of prescription)*  
and providing such prescription to my child for treatment.

Now therefore, in consideration of the permission extended to our child to accompany the mission team and participate in the mission trip, we do hereby for ourselves, our child, and our heirs, executors, and administrators, remise, release, and forever discharge the team leader(s) \_\_\_\_\_, the Iowa Conference of The United Methodist Church, United Methodist Volunteers In Mission, its officers and members, as well as all other participants and sponsors of said mission trip, acting officially or otherwise, from all claims, demands, actions or causes of action of any kind, including the death of our child or any injury to our child or loss or damage to property which may occur from any cause during the trip, as well as all ground and flight travel incident to such trip.

It is our intention by this document to consent to our child's participation in the mission trip, to consent to allow the team leader(s) \_\_\_\_\_ to act in loco parentis for the duration of the mission trip, and to waive and forego all right of action by ourselves and our child against the parties herein before named.

\_\_\_\_\_  
Parent/guardian

\_\_\_\_\_  
Parent/guardian

\_\_\_\_\_  
Address

\_\_\_\_\_  
Address

.....  
**Notarization of Parental Consent Form**

STATE OF \_\_\_\_\_ PARISH OR COUNTY OF \_\_\_\_\_

On this \_\_\_\_\_ day of \_\_\_\_\_, \_\_\_\_\_ (year), before me personally appeared \_\_\_\_\_

To me known to be the same person(s) described in and who executed the within instrument, and who acknowledged the same to be the free act and deed thereof.

Notary Public \_\_\_\_\_  
State of \_\_\_\_\_

Parish or County \_\_\_\_\_  
My Commission Expires \_\_\_\_\_



# IOWA CONFERENCE UNITED METHODIST CHURCH DISASTER RESPONSE

## Power of Attorney

Know all persons by these present that we (I), \_\_\_\_\_ and/or  
(Parent Name)  
\_\_\_\_\_ of \_\_\_\_\_ appoint  
(Parent Name) (Address)

\_\_\_\_\_ of \_\_\_\_\_ our attorney for us and  
(Pastor or Team Leader) (Address)

in our name and on our behalf to consent to the administration of whatever anesthetic and the performance of such medical, dental, surgical treatment and/or operation as may be deemed necessary or advisable upon \_\_\_\_\_ our minor child during the period of \_\_\_\_\_ to \_\_\_\_\_  
(Youth Name)

and to execute all necessary instruments to carry out and perform any of aforesaid powers, and to do any other acts requisite to carrying out such powers. I/we, the parent/parents, agree to be financially responsible for the services provided. I/we authorize the release of medical information to or from my/our insurance company and my/our personal physician.

IN WITNESS WHEREOF, I have hereunto executed this Power of Attorney on this

\_\_\_\_\_ day of \_\_\_\_\_, \_\_\_\_\_.  
(Month) (Year)

Witnesses:

\_\_\_\_\_  
(Witness Signature)

\_\_\_\_\_  
(Parent Signature)

\_\_\_\_\_  
(Witness Signature)

\_\_\_\_\_  
(Parent Signature)

### Notarization of Power of Attorney Form

STATE OF \_\_\_\_\_ PARISH OR COUNTY OF \_\_\_\_\_

On this \_\_\_\_\_ day of \_\_\_\_\_, \_\_\_\_\_ year, before me personally appeared

\_\_\_\_\_ to me known to be the same person described in and who executed the within instrument, and who acknowledged the same to be the free act and deed thereof

Notary Public, \_\_\_\_\_ Parish or County \_\_\_\_\_

State of \_\_\_\_\_ My Commission Expires \_\_\_\_\_



# IOWA CONFERENCE UNITED METHODIST CHURCH DISASTER RESPONSE

## Emergency Contact Form

### Return to Team Leader

Missioner's name on passport \_\_\_\_\_ Passport number \_\_\_\_\_  
Mailing address \_\_\_\_\_ Date of birth \_\_\_\_\_  
Home phone \_\_\_\_\_ Work phone \_\_\_\_\_ Cell Phone \_\_\_\_\_

### IN CASE OF EMERGENCY, CONTACT THE FOLLOWING:

Name \_\_\_\_\_ Relationship to missionary \_\_\_\_\_  
Address \_\_\_\_\_  
City / State / Zip \_\_\_\_\_  
Home phone \_\_\_\_\_ Work phone \_\_\_\_\_ Cell Phone \_\_\_\_\_

### IF UNABLE TO CONTACT THE ABOVE, CONTACT THE FOLLOWING:

Name \_\_\_\_\_ Relationship to missionary \_\_\_\_\_  
Address \_\_\_\_\_  
City / State / Zip \_\_\_\_\_  
Home phone \_\_\_\_\_ Work phone \_\_\_\_\_ Cell Phone \_\_\_\_\_

### OTHER INFORMATION YOU WISH TO ADD:

A copy of this form should be left with the local church.



# IOWA CONFERENCE UNITED METHODIST CHURCH DISASTER RESPONSE

## Covenant for Success

We are privileged to have the opportunity to serve God by being mission volunteers. Our primary purpose as volunteers is to radiate the love of Jesus Christ. We are to invest ourselves in the mission and honor God in all that we do.

We will need to be flexible, adaptable, sensitive and patient. There will be times when we want to hurry and get things done, but delays will happen. We will make the best of quiet time to rest, get acquainted, listen to stories, and play with children.

Cooperation is the key. We will need to cooperate with many varied persons and conditions. We will smile, because a happy, positive attitude will go a long way toward fulfilling our primary purpose.

### **On-Site Guidelines:**

- Use no alcohol, drugs or illegal substances.
- Refer any changes, suggestions or concerns to your leader.
- Work to acceptable standards. Do the best your can.
- Ask questions if you do not know how or what to do next.
- Don't assume you know the entire plan. Ask before you start a new project.
- Wear modest clothing with shoulders covered and loose fitting shorts that are long enough.
- Wear sensible, safe work shoes.
- Use sunscreen lotion for outside work or play.
- Foul or undesirable language is not permitted.
- Keep work space and living space neat and clean.
- Do not criticize, gossip or start rumors.

**Have fun and spread the word when you return home!**

Youth Signature \_\_\_\_\_

Parent Signature \_\_\_\_\_