

**2009 Shady Grove United Methodist Youth
Iowa Mission Team**

ADULT Missioner Information Packet

Thank you for agreeing to be a part of the Shady Grove 2009 Iowa Mission Team. In this packet is all of the paperwork and information that you will need for the trip. If you have any questions, please contact Brad Robins at the church at 746-9073 or BradRobins@shadygroveumc.org.

Event Dates: July 11-19, 2009

Location: Cedar Rapids, Iowa

Cost: \$175.00

Total Cost due by Monday July 6, 2009. If you are not sure how much you have paid, contact Brad.

Mission Team Timeline

June 23

Information packets including medical forms, packing lists, etc. will be e-mailed out to team members.

June 24

6:30 pm Adult mission team members meeting in room G-113

June 27

10-12 pm Drywall Workshop at Proctor Home #1
1-3 pm Drywall Workshop at Proctor Home #2

July 6

All paperwork and monies due into church.

July 11

8:00 am Depart SGUMC
6:00 pm Arrive at Christ Church United Methodist, Louisville, KY

July 12

10:00 am Depart Christ Church
7:00 pm Arrive at Camp Hitaga

July 13-16
Work Days

July 17
Travel from Cedar Rapids to Sandusky, OH
Spend the night at local Columbus Avenue UMC

July 18
Day at Cedar Point Amusement Park
Spend the night at local hotel

July 19
Travel from Sandusky, OH to SGUMC
7 pm Arrive at SGUMC

Host Churches

July 11 Christ Church United Methodist
4614 Brownsboro Road
Louisville, KY 40207
Phone 502 897-6421

July 12-16 Camp Hitaga
5551 Hitaga Road
Walker, Iowa 52352
(319) 438-6562

July 17 Columbus Ave. UMC
2401 Columbus Ave
Sandusky, OH 44870
Phone 419 625-7663

Activities while in Iowa

Worksites

Working on local homes in the Daytona Beach area. Site work is being provided by Iowa Conference Recovery Center. Our contact person is Rev. Melisa Bracht-Wagner, 319-480-4469.

Evening Activities

Evenings will include sometime in Bible study and devotion, as well as some fun stuff. Fun stuff will include a trip to a local lake. Other fun evening activities are still being worked on.

Friday Fun Day

Cedar Point Amusement Park in Sandusky, Ohio. (Ticket and meal cost is included in trip fees)

Food

Camp Hitaga will be providing all of our meals. We will eat breakfast and lunch there at the camp and they will have food for us to pack for us to take for lunch. If you have any special needs regarding food, i.e., allergies, vegetarian, etc., please contact Brad with that information.

Youth will be responsible for their own lunch on July 11, 12, 17, & 19 (all travel days). All other meals will be covered by registration fees. While traveling, meals will be mainly fast food. We will work hard to eat as healthy as a group of 55-60 sojourners can.

Forms

Enclosed are your power of attorney, parental consent, covenant, and emergency contact forms. Please complete these and get them in to Brad no later than July 11, along with a copy of your health insurance card. Make sure that they are notarized where it is required! **You will be turning in 4 forms plus the copy of your insurance card.**

Packing List

Please make sure to bring the following with you:

Old Work Clothes (long pants and modest shorts)	Large personal water bottle
Work Gloves	Modest clothing for evenings
Personal Hygiene Items	Insect repellent
Bath Towel	Hand sanitizer
Beach Towel	Personal medications
Heavy work shoes/boots	Pajamas
SOCKS	Bathing suit
Jacket or sweatshirt	Shoes
Rain gear	Bible and notebook
Sunblock	Any personal tools you like using
Air mattress (Twin sized only!)	Optional:
Sleeping bag/twin sheets/pillow	Camera
	Musical instrument
	Personal CD Player

Clothing is very important. Modesty is the rule. If you think it might be inappropriate, assume that it is. When we are on worksites, everyone must wear shirts with sleeves- no tank tops or muscleshirts. Shorts should be conservative. Pajamas also need to be modest as well. We will be going to the beach while we are there. Bathing suits should be modest, too. Ladies, two-piece bathing suits are allowed; however, they must be modest. To be safe, go with something your grandfather might pick out for you.

LABEL EVERYTHING! There are 55 of us going to Iowa and, in all likelihood, we will

have items that look alike. To spare us all the struggle of dealing with mixed up items, make sure that you label all of your possessions with permanent marker. This includes CD players, clothing, hygiene items, sleeping gear, etc. And yes, it also includes your underwear.

PACK AN OVERNIGHT BAG

We will be staying Saturday evening at Christ Church United Methodist and attending their 8:30 worship service. So that we do not have to dig out everybody's gear, pack a change of clothes for Sunday, your sleeping gear, and hygiene items in a separate overnight bag. That will save us a lot of packing and unpacking time. Sunday morning we will be attending worship- please pack nice jeans or shorts and your mission team t-shirt (more information will follow regarding this).

Pack Light

Bear in mind there are a lot of us going and luggage space is at a premium. Look for ways to bring what you need but just what you need. For example- don't bring the jumbo hand sanitizer bottle, get the trial sized. We will be in a suburban area so there will be stores around where we can get things that we run out of.

Also, laundry will be available during the week, especially for your work clothes, so don't over pack. Bring what you need and only what you need.

Getting Ready to Go

Prior to going down to Iowa, it is important to do some personal conditioning. We will likely be working several hours a day in high heat. Between school letting out and when we leave, try to spend 3-4 hours a day outside, getting used to being in the heat. If you spend 3 weeks in the A/C watching TV and eating corn chips, you will have a hard time getting used to a week of work in the heat. Volunteering to mow the lawns of elderly neighbors would be a great training activity and would be a really nice thing to do.

Supplies to Bring

We will be working mainly with drywall and painting. We will need lots of rollers, brushes, and pads. Please bring a few if you can.

Money

Don't bring too much. Bring enough for your meals while traveling, a souvenir at the park, and maybe some incidental money, just in case. The more you bring, the more you stand to lose.



IOWA CONFERENCE UNITED METHODIST CHURCH DISASTER RESPONSE

Medical and Liability Release Form

I _____ authorize _____
(UMVIM participant) (another adult on trip)

If I am unable to do so, to consent to any necessary examination, anesthetic, medical diagnosis, surgery treatment and/or hospital care rendered to me under the general or special supervision and on the advice of any physician or surgeon licensed to practice medicine by the state in which he/she practices, during the duration of the trip identified below.

UMVIM Project: Flood Recovery 2008 Dates _____

Home Physician _____ Phone () _____

Medical Insurance Provider _____ Phone () _____

Policy Number _____ Group Number _____

Allergies _____

Medications _____

Person In USA to contact in the event of an Emergency:

Name _____ Relationship _____

Address _____ Phone () _____

Blood Type _____ Do you have? **Diabetes** Yes No **Seizures** Yes No

Physical Limitation _____

Other Medical Information _____

Liability Release

The undersigned releases and agrees to hold harmless the General Board of Global Ministries of the United Methodist Church, The UMVIM Board of the North Central Jurisdiction of the United Methodist Church, the Iowa Annual Conference, and any related agency, conference, district, local church, member, employee or agent, from any liability, injury, damages, loss, accidents, delay, or irregularity related to the undersigned individual's planned participation or involvement in the above named UMVIM Project. The undersigned has been advised and understands that the project may involve unusual risks to participants. Those risks may involve, among others, the following: Dangers resulting from disease; from civil warfare or insurrection of the kind that we have seen in recent years in Somalia, Bosnia, Liberia; from post-warfare hazards such as landmines; from geographic features such as high altitude, which may have a deleterious effect on persons with heart conditions or respiratory diseases; from extreme heat and humidity with no air conditioning available, or from extreme cold with no central heating. The foregoing is not an exhaustive list of dangers that may arise but is illustrative of some types of dangers that may be faced. This release covers all rights and actions of every kind, nature and description, which the undersigned ever had, now has or but for this release, may have. This release binds the undersigned and his/her heirs, representatives and assignees.

Participant's Signature _____ Date _____

Witness: _____ Date _____

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IOWA CONFERENCE UNITED METHODIST CHURCH DISASTER RESPONSE

Emergency Contact Form

Return to Team Leader

Missioner's name on passport _____ Passport number _____
Mailing address _____ Date of birth _____
Home phone _____ Work phone _____ Cell Phone _____

IN CASE OF EMERGENCY, CONTACT THE FOLLOWING:

Name _____ Relationship to missionary _____
Address _____
City / State / Zip _____
Home phone _____ Work phone _____ Cell Phone _____

IF UNABLE TO CONTACT THE ABOVE, CONTACT THE FOLLOWING:

Name _____ Relationship to missionary _____
Address _____
City / State / Zip _____
Home phone _____ Work phone _____ Cell Phone _____

OTHER INFORMATION YOU WISH TO ADD:

A copy of this form should be left with the local church.



IOWA CONFERENCE UNITED METHODIST CHURCH DISASTER RESPONSE

Safe Sanctuary

The people of the Iowa Conference of the United Methodist Church, in accordance with our Christian principles, believe that it is in the best interest of the church and the children, youth and adults to adopt policies, procedures, and screening tools to assist us in protecting the physical, mental, and emotional well-being of all persons who participate in Disaster Recovery.

SUMMARY OF POLICIES

1. Adults who have been convicted of child, sexual, or physical abuse or neglect will not be able to sleep in a church building.
2. Volunteers must observe the "two-leader rule". This requires that a leader never be alone with a child or youth without another leader. If youth are helping, an adult who is 18 years or older must be present.
3. Volunteers should immediately report to your host any behavior toward a child, youth, or adult that seems to be abusive or otherwise inappropriate.
4. For further explanation, see "Child, Youth, And Adult Protection Policy" of your sleeping facility.

PLEASE ANSWER THE FOLLOWING QUESTIONS. Your responses will be kept confidential.

1. As a flood recovery volunteer, I agree to observe Safe Sanctuary regarding working with children, youth, or adults, as summarized above _____ initials _____ date
2. Have you ever been investigated or convicted for any offense involving harm or abuse of a child, youth, or adult? Yes No If "Yes", please explain on reverse side:
3. Have you been investigated, convicted of, or pled guilty to a crime, either a misdemeanor or a felony (including but not limited to drug-related charges, child abuse, other crimes of violence, or theft) in the last 10 years? Yes No If "Yes", please explain on reverse side:

APPLICANT STATEMENT

I have read the above summary of the "Child, Youth, and And Adult Protection Policy" and agree to observe the safeguards listed. I state that the responses set forth in this application are true under penalty of perjury under the laws of the State of Iowa.

Signature _____ Printed name _____

Address _____ Phone _____ Date _____

Date of Birth _____ Drivers License Number _____

Office Use
_____ Copy of Drivers License _____ Screened on _____ initials



IOWA CONFERENCE UNITED METHODIST CHURCH DISASTER RESPONSE

Covenant for Success

We are privileged to have the opportunity to serve God by being mission volunteers. Our primary purpose as volunteers is to radiate the love of Jesus Christ. We are to invest ourselves in the mission and honor God in all that we do.

We will need to be flexible, adaptable, sensitive and patient. There will be times when we want to hurry and get things done, but delays will happen. We will make the best of quiet time to rest, get acquainted, listen to stories, and play with children.

Cooperation is the key. We will need to cooperate with many varied persons and conditions. We will smile, because a happy, positive attitude will go a long way toward fulfilling our primary purpose.

On-Site Guidelines:

- Use no alcohol, drugs or illegal substances.
- Refer any changes, suggestions or concerns to your leader.
- Work to acceptable standards. Do the best your can.
- Ask questions if you do not know how or what to do next.
- Don't assume you know the entire plan. Ask before you start a new project.
- Wear modest clothing with shoulders covered and loose fitting shorts that are long enough.
- Wear sensible, safe work shoes.
- Use sunscreen lotion for outside work or play.
- Foul or undesirable language is not permitted.
- Keep work space and living space neat and clean.
- Do not criticize, gossip or start rumors.

Have fun and spread the word when you return home!

Youth Signature _____

Parent Signature _____